

Dr. SURINDER KUMAR

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Dated : 28-06-2023

Major Activities conducted in Govt. SPMR College of Commerce, Jammu for the month of July, 2023

3 rd July, 2023	NCC Units of Govt. SPMR College of Commerce Organizes Fresher cum Farewell Party. The function was organized to welcome the freshers as well as acquaint them with the traditions of NCC. The programme also witnessed farewell to the seniors who were leaving the college and entering new era of Life. The programme started with lighting of Lamp by the Chief Guest Colonel R.S Jasrotia, CO 2nd J&K Boys BN NCC Jammu. Other Guests who accompanied him were Colonel Nischal Slathia Adm Officer, 2nd J&K Boys BN NCC Jammu and Captain Kapil Sharma CO 1st J&K NAVAL UNIT NCC Srinagar. A floral homage was also given to Martyr Ajay Singh Jasrotia alumni of the College, who laid down his life in operation Vijay on 15th June 1999.
9 th July, 2023	Students of the college attended 10 days Calligraphy workshop at Jammu & Kashmir Academy of Art, Culture and Languages.
10 th July, 2023	Internal Complaint Committee against Sexual Harassment (ICCASH) Committee of Govt. SPMR College of Commerce, Jammu in collaboration with SPARSH, Cluster University of Jammu under the aegis of IQAC (Internal Quality Assurance Cell) organized 'Menstrual Hygiene Awareness program for girl students of the college on 10th July, 2023 under the patronship of Principal Dr. Surinder Kumar Sharma. The program focused awareness on the health impact caused by lack of menstrual hygiene. The aim was to improve health with better sanitation practices, to raise self esteem and empower young girls by initiating dialogue on the taboo topic of menstruation.
13th July, 2023	Interaction of NSS and Eco Club Volunteers with people in adopted village Mandal.
14 th July, 2023	Department of Environment Science, Eco Club and NSS units of Govt. SPMR College of Commerce, Jammu in collaboration with the Forest Department Jammu Division celebrated Van Mahotsav. A visit was undertaken in the adopted village Mandal to meet Sh. Somnath Dogra, Sarpanch of the village to distribute various saplings of plants. An awareness campaign was also initiated to spread awareness among the rural masses regarding the importance of various species of plants in improving the biodiversity of various regions of Jammu which has been degrading at an alarming rate.
16 th July, 2023	Plantation Drive in Adopted Village, Mandal by NSS and Eco Club Volunteers.
21 st July, 2023	NCC Unit of Govt. SPMR College of Commerce, Jammu in collaboration with NSS and Eco Club under the aegis of Azadi Ka Amrit Mahotsav and IQAC organized one day seminar on Millets and its promotion under the patronage of Dr. Surinder Kumar, worthy Principal of the college and Col. R S Jasrotia, Commanding Officer of 2nd J&K Boys BN. Dr. Surinder Kumar was the Chief Guest on the occasion formally inaugurated the programme.

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	<p>Prof. (Dr.) Meenakshi Gupta, Department of Agronomy, SKUAST University Jammu was the Resource Person on the said occasion. Speaking on the occasion, she elaborated in detail the nutritional value of Millets and highlighted upon the various crops which can be a substitute for regular cereals consumed by people in general. The awareness regarding International Year of Millets and its theme “The Promotion of Millets during IYOM 2023 (International Year of Millets)” with NCC Cadets, NSS and Eco Club Volunteers.</p>
26 th July, 2023	<p>Dean Student Welfare, Cluster University of Jammu in collaboration with the NCC Units of Constituent Colleges of Cluster University of Jammu celebrated Kargil Vijay Diwas at Govt. SPMR College of Commerce, Jammu. Kargil Vijay Diwas is celebrated every year to commemorate the victory of India over Pakistan at Kargil war and to pay homage to the brave soldiers who attained martyrdom in the line of duty. A total of 100 NCC cadets along with their ANOs from all four constituent colleges of Cluster University of Jammu - SPMR College of Commerce, GGM Science College, PSPS GCW Gandhi Nagar and MAM College came together to commemorate Vijay Diwas in a remarkable display of patriotism and unity. College came together to commemorate Vijay Diwas in a remarkable display of patriotism and unity. The programme was conducted in two sessions. The first session comprised of Plantation Drive and a Rally. The Rally was addressed and flagged off by the Chief Guest on the occasion, Dr. Jatinder Khajuria, Registrar, CLUJ from SPMR College in presence of Dr. Ranvijay Singh, DSW, Dr. Surinder Kumar, Principal SPMR College, Prof. Rajesh Gupta, Principal GGM Science College, Prof. Barbara Kaul, Dr. Monika Malhotra, Dr. Parveen Singh, Prof. Deepshikha Sharma, Prof. Monika Mahajan, Dr. Deepak Pathania and Mr. Raman Kumar Sharma. NCC Cadets raised the slogans like Bharat Mata Ki Jai, Vande Mataram, Hamare Shaheed Amar Raha during the rally. The rally which passed through GGM Science College and CLUJ was also addressed by Prof. Bechan Lal, Hon’ble Vice Chancellor, CLUJ. He motivated the NCC Cadets with his words of encouragement and inspired them to continue their pursuit of excellence. The second session was conducted at the Auditorium of Commerce College where Brig. Gurmeet Singh Shan, Director Sainik Welfare Board acted as a Chief Guest. The Programme commenced with paying floral tribute to Martyr Ajay Singh Jasrotia, an Alumni of Commerce College who attained martyrdom during the Kargil war.</p>

Sd/-

PRINCIPAL