



GOVT. S.P.M.R COLLEGE OF COMMERCE, JAMMU- 180001 (J&K UT) - INDIA

(A Constituent College of Cluster University of Jammu) **NAAC Accredited Grade "B"** 

Dr. SURINDER KUMAR PRINCIPAL E Mail:principal.spmrcollege@gmail.com No. GSPMR/Coll/2023/999



Website Dated

Phone/Fax : +91-0191-2580965 (O) Mobile No : 09419119869(O) www.spmrcollege.org : 26-09-2023

### Major Activities conducted in Govt. SPMR College of Commerce, Jammu for the month of September, 2023

04-09-2023	Shikshit Bharat Committee of the Govt. SPMR College of Commerce under the aegis of <b>Ek Bharat</b> Shrestha <b>Bharat</b> Organized Essay writing competition on the
	theme "IMPLICATION OF GANDHIAN THOUGHTS IN TODAYS WORLD".
	About 25 students participated in the activity and expressed their views on the said
	topic. The competition of essay writing was adjudged by Prof. Reeta Meenia, and
	Dr. Deepak Pathania. Adil Nazir Qureshi of sem. 3rd bagged first prize whereas Suhani Gupta of sem. 3 <sup>rd</sup> and Pranav Verma of sem. 3 <sup>rd</sup> won 2 <sup>nd</sup> and 3 <sup>rd</sup> prizes
	respectively. The other faculty members present on the occasion were Prof.
	Barbara Koul, Dr. Monika Malhotra, Dr. Nazia Rasool and Mr. Malik Aijaz. The
	whole programme was coordinated and managed by Prof. Deepshikha Sharma and
	Prof Rajni Bala.
05-09-2023	Internal Quality Assurance Cell (IQAC) of Govt. SPMR College of Commerce,
	Jammu celebrated Teacher's Day on 5th September, 2023 to commemorate the
	Birth Anniversary of Dr. Sarvapalli Radhakrishanan in the function held at the
	College Auditorium with great enthusiasm and zeal .The program was attended by
	all the staff members -teaching, non teaching and local fund employees of the
	college. Teachers -the real Nation Builders were honored by the students in the
	unique manner. The highlights of the event were various activities like pick the
	Chit, Singing of the songs, Solo Dance performances by all the students of the
	college. Principal Dr. Surinder Kumar Sharma, the Chief Guest on the occasion
	addressed the gathering and highlighted the role and importance of Teachers in
	shaping the lives and channelizing the energy of the students. Dr. Monika
	Malhotra IQAC coordinator shared her views that this annual observance of
	-
	Teacher's Day serves as a timely reminder of the profound impact teacher's have
	on the lives of their students. She further added that this event refreshed the
	nostalgic memories of student life. The program was coordinated by Dr. Monika
	Malhotra, Convener IQAC, Prof. Deepshikha Sharma, Prof. Apfan Ali (NSS
	Program officers), Prof. Reeta Menia, Dr. Nazia Rasool, Prof. Monika Mahajan,
	Dr. Sarabjeet Kour
08-09-2023	NCC and NSS units of Govt. SPMR College of Commerce organized Poster
	Making competition under the patronage of Prof. Surinder Kumar, Principal of the
	college to celebrate Bhrashtachar Mukt J&K week with the aim to eradicate
	corruption and promote transparent and accountable governance. In the poster
	making competition, Cadet Sourav Kumar bagged 1st prize while Mohd. Sajad
	and Cadet Ranvir Singh got 2nd and 3rd prize respectively. The jury members for the event were Dr. Monika Malhotra (Co-ordinator IQAC), Dr. Nazia Rasool
	(HOD EVS) and Dr. Deepak Pathania. Other faculty members present in the
	occasion were Prof. Barbara Kaul (HoD Commerce), Prof. Shreya Sharma, Prof.
	Monika Mahajan, Prof. Rishu Mahajan and Prof. Rajni Bala. The program was
	Monika Manajan, Prof. Kisnu Manajan and Prof. Kajni Bala. The program was





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	coordinated by Prof. Savita Jamwal ANO NCC, Prof. Deepshikha Sharma and Prof. Apfan Ali NSS Programmer Officers.
11.00.0000	
11-09-2023	NCC and NSS units of Govt. SPMR College of Commerce, Jammu in
	collaboration with Youth Club and Eco Club organized a rally and symposiums or
	corruption free J&K under the patronship of Dr. Surinder Kumar, Principal of the
	college. The program started with an awareness rally which was flagged off by
	Principal of the college. He also addressed the students of the college carried
	banner on ill effects of corruption and raised slogans in favour of Bhrashtacha
	1 0
	Mukt J&K. Later a symposium was held on the topic "Corruption free J&K" in
	which about 07 students namely Cadet Himanshu Khullar, Cadet Tanish Sharma
	Cadet Sourav Kumar, Cadet Jatin Kumar, Rasneet Kour, Palvi Sarmal and Prana
	Verma were participated. Students presented their views on the menace o
	corruption and the preventive measures. Students also took an Oath to refrain from
	corruption in any form to make J&K as well as India Corruption free.
12.00.2022	
12-09-2023	Institution Innovation Council of Govt. SPMR College of Commerce in
	collaboration with Umaaha Solutions Pvt. Ltd. and J&K Science Technology and
	Innovation Council organized an awareness program on Urban Farming. Dr
	Surinder Kumar, Principal of the college who was the Chief Guest on the
	occasion, appreciated the efforts of the Innovation Cell of the college fo
	organizing such programme, which is need of the hour. Urban Farming is don
	mostly without using soil, thus having less weight. Plants are grown in a medium
	of Coco peat, vermi compost and other macro- micro nutrients. A documentary
	was also screened during the program to raise awareness about the ill effects o
	excessive use of pesticides on human health and environment. A total of 10
	students attended the program and were excited to learn new mode of farming
	They also enquired about the scope of urban farming as a career option.
13-09-2023	Departments of Commerce, BCA and Environmental Sciences in collaboration
	with Indira Gandhi Government Dental College Jammu and Rotary Club Jamm
	Tawi organised Mega Mobile Restorative Dental camp. A Team of Doctors under
	the supervision of Dr. Azhar Malik and Dr. Shamim Anjum conducted free denta
	checkup of staff members and students of Commerce College. Those who required
	further treatment were advised to visit the dental college. Free medicines wer
	also distributed among the participants. An awareness lecture on oral hygiene wa
	also delivered on the occasion.
15-09-2023	Department of Commerce of the Govt. SPMR College of Commerce, Jamm
15 07 2025	organised a symposium competition on the topic 'Truth and Non-violence' wit
	regard to celebration of Gandhi Jayanti under the aegis of G20. A total of 50
	students attended the programme. The event was organised under the patronage of
	Dr. Surinder Kumar, Principal of the college. On the occasion, he apprised the
	students with the basic two foundation blocks of Gandhian philosophy that is
	truth and non-violence. Ms Anamika Thakur bagged first prize in the competition
	While Ms. Rama and Ms. Pallavi secured second and third position respectively
	The competition was adjudged by Dr. Monika Malhotra and Prof. Ashu Manhas.
16 00 2022	
16-09-2023	Literary Club and Department of English of Govt. SPMR College of Commerce
	Jammu under the aegis of G20 and IQAC organized Slogan Writing Competition
	on the theme Truth and Non Violence to celebrate Gandhi Jayanti 2023.Principa





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	of the college, Dr. Surinder Kumar appreciated the efforts of the committee
	members for organizing such kind of activities and highlighted the life and
	philosophy of Gandhiji impressing upon the students to imbibe the values of truth
	and violence in their lives.
19-09-2023	Gandhi Jayanti was celebrated in PG Department of Commerce (M.COM) Govt.
	SPMR College of Commerce on 19th September 2023. A series of activities were
	conducted to commemorate the occasion. The first activity was Essay writing
	competition on the topic "Relevance of Gandhian Principles in today's world."
	The first position was bagged by Purvi Gupta (4th Sem), followed by Taniya
	Sharma (2nd Sem) and Ashav Kumar (4th Sem) at second position and, Surbhi
	Vaid (4th Sem), Jasmine Bharti and Iqra (2nd Sem) at third position. Second
	activity performed was Collage making on the topic "Life lessons of Gandhi Ji" in
	which first position was secured by Pushp Preet Kour (2nd Sem), second position
	by Rupali Manhas (4th Sem) and third position by Rahul Ahirvar and Simran
	Bandral (4th Sem). And the last activity was a Singing contest on "Patriotism" in
	which first position was obtained by Maheshwar Sing Chib (2nd Sem), followed
	by Tania Chib at second place (4th Sem), and Riya Mehra (4th Sem) at the third
20.00.2022	place. Consolation price was given to Kartik Kohli (4th Sem).
20-09-2023	Manodarpan Career Counselling Cell of Govt. SPMR College of Commerce
	organised Open Campus Drive for graduation completed and final year students in collaboration with IFBI, NIIT for the position of Relationship Manager with ICICI
	bank. Mr. Rahul Sharma, Head NIIT J & K, while addressing the students
	explained them about the differences between life within and outside college
	premises. He also elucidated the entire selection process of the open campus drive
	to the students. A large number of students attended the drive to gain guidance and
	knowledge to find the right job as per their qualification and aptitude. In the
	screening process, 16 aspirants were shortlisted for the next qualifying round, the
	selection process of which includes English test and Profiler test followed by
	Aptitude test in the final round.
21-09-2023	International Peace Day 2023 was celebrated in Govt. SPMR College of
	Commerce by IQAC and NCC Unit in collaboration with Youth Peace Foundation
	(YPF). The objective of the program was to create awareness for fundamental
	need of humanistic values and peace giving an opportunity to participants and
	speakers to express their deep insights on this subject. During the interaction, a
	series of activities were conducted to make the seminar lively and interactive.
	Animated motivational story, video presentation of message of Humanity & peace
	by Ambassador of Peace Mr. Prem Rawat was started through the PPT. The team
	members from Youth Peace Foundation (YPF) were Mr. Madan Lal Sharma
	(Local Coordinator), Mr. Ankit Kumar, Ms. Simi Sharma, Mr. Rohit Verma, Ms.
	Preeti Verma, Mr. Mukesh Kumar & Mr. Sunil Sharma. The books on the theme
	"HEAR YOURSELF" by Prem Rawat were presented to Principal and other
	faculty of the college. The whole program was coordinated by Prof. Savita Jamwal
	racuny of the conege. The whole program was coordinated by F101. Savita Jamwal





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	NCC ANO and Dr. Monika Malhotra IQAC Coordinator. The function concluded
	with vote of thanks by Dr. Monika Malhotra. Thus, the program well highlighted
	the year's theme of "International Peace Day 2023" Actions for Peace: Our
	Ambition for the #Global Goals.
22-09-2023	Department of Commerce of the Govt. SPMR College of Commerce, Jammu
	organised a lecture on the topic "Stress Management" in collaboration with ICFAI
	business school (IBS) for B.Com students under the aegis of G20. Principal of the
	college Dr. Surinder Kumar was the chief guest on the occasion whereas Mr. Arun
	Verma, Branch Manager ICFAI business school, was the resource person for the
	lecture. Dr. Sarabjeet Kour delivered formal welcome address and briefly
	introduced the topic to the students. Prof Barbara Kaul, HOD Commerce speaking
	on the occasion, highlighted that if stress is left unaddressed it can lead to
	depression and anxiety in students which can impact their performance. She also motivated the students to take maximum benefit from the session. Mr. Arun
	Verma, resource person of the event, had an interactive session with the students
	wherein he discussed in detail the concept of stress and its management.
23-09-2023	BCA Department of Govt. SPMR College of Commerce under the aegis of IQAC
	and G20 organized an Online Quiz on Gandhian Philosophy, in continuation to the
	ongoing series of events to celebrate Gandhi Jayanti on 22nd September 2023. A
	total of 248 students took part in the Quiz Competition. A google form comprising
	of 15 questions based on the life, principles and teachings of Mahatma Gandhi
	was uploaded on the college website as well as circulated in the official groups of
	CRs for the wider participation of all the students of the college. The Quiz
	Competition was managed and monitored by Prof. Monika Mahajan under the
25-09-2023	able guidance of Dr Surinder Kumar, Principal of the College.The NSS Units of Govt. SPMR College of Commerce Jammu celebrated NSS Day
23-09-2023	2023 with great enthusiasm and zeal, embracing the spirit of service and
	community engagement. The event took place under the patronage of Principal
	Prof. (Dr.) Surinder Kumar. The program commenced with the ceremonial
	lighting of the lamp, a symbol of enlightenment and hope, by the chief Guest
	Hon'ble Vice Chancellor of CLUJ Dr Bechan Lal, guest of honour Registrar CLUJ
	Dr Jatinder Khajuria, Special Guest DSW CLUJ Dr Ranvijay Singh, Principal of
	the college Dr Surinder Kumar and other esteemed dignitaries. This was followed
	by Saraswati Vandana, marking the auspicious beginning of the day's festivities.
	A warm and formal welcome address was delivered by Dr Surinder Kumar,
	principal of the college. , the NSS Program Officer, provided insights into the ongoing and upcoming NSS activities planned for the current academic session.
	NSS Volunteers took center stage, showcasing their talents and dedication through
	rousing speeches, energatic dances, melodious songs, thought-provoking skits, and
	cultural performances. They also shared their invaluable experiences as
	volunteers, highlighting the impact of their service on the community.
	Dr Bechan Lal, graced the occasion as the Chief Guest. In his address, he lauded
	the significant role played by NSS Volunteers and encouraged them to continue
	their noble work for the betterment of the college and society at large.
26-09-2023	The aim of G20 University Connect Finale at Bharat Mandapam undertaken was
	to build an understanding of India's G20 presidency among India's youth to



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	enhance their participation in different G20 events. The live programme was
	attended by the students and faculty of the college today on 26-09-2023. Under the
	G20 University Connect Initiative, a series of Programmes were conducted across
	the country, featuring active participation from Higher Education. Earlier the
	college has conducted activities to aware the students about the G20 Summit and
	the countries involved in it. In this Hon'ble Prime Minister Narendra Modi has
	extended an invitation to university student and young professional interested in
	further education to participate in G20 University connect. Earlier the G20
	University connect programme brought together India's Yuva Shakti proved to be
	incredibly fulfilling so this is also a welcome step taken by the Government of
	India. The faculty members of the G20 committee present on the occasion were
	Dr. Monika Malhotra, Prof. Deepshikha Sharma, Prof. Rajni Bala and Prof. Apfan
	Ali.
27-09-2023	Swachta Hi Sewa Garbage Free India, Cleanliness Drive by NCC Cadets in the
	college campus.
29-09-2023	SPMR College of Commerce observes World Awareness Day on Food Wastage
	and Cleanliness Drive Spmr college of commerce observes world awareness day
	on food wastage and cleanliness drive on 29th of September in connection with
	Swachta Hee Seva (SHS) under the guidance of Dr. Surinder Kumar Principal
	Spmr and Col. Nishikant Slathia Adam officer of 2 J&K Boys BN NCC Jammu.
	100 cadets of both GGM Science College, Govt. SPMR college participated in the
	event. The resource person for today lecture is Prof Savita Jamwal NCC officer.
	She explained in length about good food, nutritious food and balanced diet and
	also explained how to prevent the wastage of food. Prof Apfan Ali NSS
	programme officer also explained the wastage of food done by common man in
	Bharat .He said it should be avoided and this helps in the development of our
	country. Speaking on the occasion Dr Surinder Kumar Principal of the college
	also delivered a detailed lecture on food wastage and its ills effects

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# Major Activities conducted in Govt. SPMR College of Commerce, Jammu for the month of April, 2024

01-04-2024	NSS Units of Government SPMR College of Commerce proudly organized
01-04-2024	
	the valedictory function to mark the conclusion of the Seven-Day NSS
	Winter Camp. This event, held under the auspices of IQAC and the
	patronage of Dr. Rajinder Singh, the esteemed Principal of the college, saw
	the diligent supervision of Prof. Deepshikha Sharma and Dr. Deepak
	Pathania, NSS Programme Officers of the College.
	The winter camp covered many activities such as cleanliness drives, blood
	donation camp, visit to sewage treatment plant, adopted village and voting
	awareness. The occasion of valedictory function was graced by Dr. Jasbir
	Singh, former Chairman Jammu University, as the Chief Guest, and Dr.
	Ranvijay Singh, DSW Cluster University of Jammu, as the Guest of
	Honour. The welcome address was delivered by Prof. Deepshikha Sharma,
	followed by a comprehensive report on the week's activities presented by
	NSS Volunteers Taranpreet and Krish. The event featured a captivating
	cultural programme, which added vibrancy to the celebration. In his
	address, the Principal commended the dedication of the NSS Programme
	Officers and Volunteers. Dr. Jasbir Singh shared invaluable insights into
	the significance of various values that volunteers should embrace, while Dr.
	Ranvijay engaged in an interactive session with the students. Certificates of
	participation were distributed to all NSS Volunteers who attended the
	camp. Adil Nazir Qureshi and Ankush Kotwal were awarded as the Best
	NSS Volunteers, in appreciation of their exemplary dedication, leadership,
	and enthusiasm throughout the camp. The Seven-Day Winter Camp was
	not only a platform for learning and growth but also a testament to the spirit
	of community service and leadership fostered by SPMR College of
	Commerce.
04-04-2024	Govt. SPMR College of Commerce organized a motivational lecture today
	on the topic 'How to be successful in SSB and be a part of IMA'. The
	programme started with a welcome address by Lt.(Dr.) Madhu Bala. Col.
	Amreek Singh was resource person on the occasion. Interacting with the
	students, he said that acquiring knowledge is important, however, it is more
	important to put that knowledge to practical use. He further focused on the
	importance of character building and making best use of digital tools. He
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24-04-2024

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